

Triangles with bodies

Title	Triangles with bodies
Category	Sense of space. From 2D to 3D
Goal	<ul style="list-style-type: none">• Introduce the triangular shape and its qualities in the space;• Enhance cooperation and creativity;
Age	3-12 grade
Activities & Instructions	<ul style="list-style-type: none">- Make a triangle individually; Students make a circle with their hands, then exercise individually. They make a circle with their hands, then transform it into a triangle. Then make triangles with different parts of their body. Depending on the age of the students, make different types of triangles and name them - isosceles, equilateral.- Make triangles in pairs; In pairs students find as many triangles as possible with different parts of their bodies. They find them in three different levels - on the ground, on the knee level and on standing level. Then they change the plane in which the triangle lay by tilting it. Students are encouraged to choose 3 triangles and make a dancing sequence of switching from one to another shape. They pay attention to the <i>transitions elements</i>.
Materials	Music: Spiegel im spiegel arvo pärt
Source	Math dance - Dr. Schaffer and Mr. Stern