

Libera Rhythm cards

Title	Libera Rhythm cards
Category	Patterns
Goal	Improve rhythm awareness and recognition;
Age	1-12 grade
Activities & Instructions	<p>These are 35 cards comprising the 7 main colours of the rainbow. Each of these colours represents sounds.</p> <p>Each single card has 12 identical rhythms. Rhythms are made of simple combinations of single and double strokes illustrated in a table as emoticon "smileys". Vertically, on the very left side of the table, the numbers from 1 to 12 are shown, as they represent the 12 different rhythms. On the very top (horizontally), the 4 main beats of each single rhythm are shown. You may picture the second hand of a watch, rhythmically ticking away each passing second "tick, tack, tick, tack...". Let's replace "tick, tack, tick, tack" with the numbers "1, 2, 3, 4..." that we see along the horizontal line, as we soundlessly count them keeping the same rhythmical tempo. Next, let's split the second into two equal parts and that be presented through the following "1 +, 2 +, 3 +, 4 +..." counting. To make it easier while counting aloud, we may replace (+) with and, i.e. "1 and, 2 and, 3 and, 4 and ..."</p> <p>The idea is that the move and pronounce sounds according to the given rhythm. Then the pattern is repeated as many times as the group manages to keep the rhythm.</p> <p>When performing the rhythms, every single strokes or a sequence of doubles must fall into the adequate moment of timing and counting. It is recommended that every single rhythm of the particular card be exercised in slow tempo, and separately. Try to keep up a steady tempo – don't slow down, neither rush it.</p>
Materials	Rhythm cards
Source	http://libera-institute.com/en/shop/rhythmcards/description.html